

the CRAVE

need it. want it. get it.



treat yourself

Diamond of the culinary world, eat something sexy

These are not your chocolate truffles but have a reputation for being equally delicious. Truffles in fact are a rare and delicate type of edible mushroom prized for the earthy, garlicky flavor they bring to dishes. Even better, they are said to possess aphrodisiac powers. (Valentine's Day is coming up...) Most truffles are harvested in France and Italy and garner high prices and cult-like esteem due to the fact that they cannot be raised commercially on a wide scale. Essentially, they are edible diamonds.

Packaged in an easy to use tube, Black Truffles (Tuber Melanosporum) are used to make a rich Black Truffle Puree by Urbani. The long shelf life of the puree means you can add the taste of Black Truffles to your dishes throughout the year without messing around with actual knowledge of truffles or storage. An easy-peasy way to truffle up your menu. It is suggested that it is best to add the puree after the cooking and just prior to serving for best flavor. Below are some easy-to-implement ideas to get you started.

- Mix a bit of truffle puree with olive oil and drizzle on grilled bread to make a simple bruschetta.
- Use a little schmear of the puree on your steak right before serving.
- Mix the puree into your risotto right before serving. (We think fresh parmesan and truffle risotto sounds delicious.)
- Add truffle puree to your salad's vinaigrette.
- **Find it:** \$34, Black Truffle Puree, Urbani Truffles, www.urbani-truffles.com



4 just beachy

Scrub away the winter "funk" with Tatahi Bora Bora Polish's blend of exotic oils, white beach sand, and Hibiscus. Your skin will be smooth, hydrated and smell like you've been lounging in a tropical paradise. The Ile de Tahiti collection was brought back to Bath and Body Works after a two year hiatus. We say stock up now before it disappears forever!

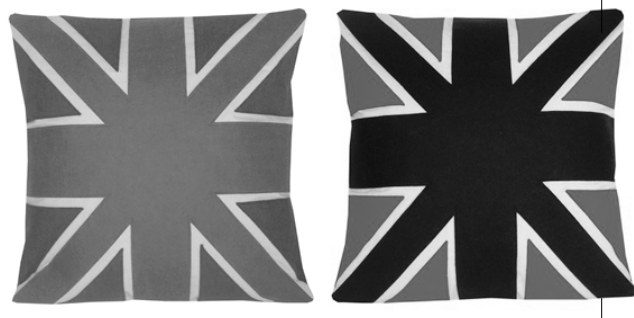
- **Find it:** \$18.50, Tatahi Bora Bora Polish, Bath and Body Works, Fox River Mall, Appleton



shopping diva

Make a downtown stop later today and grab a cup of coffee from **Copper Rock** on College Avenue before popping in **Downtown Designs**. Fab jewelry, fair trade products and the colorful long wallets featured below are only the beginning. A fresh pinstriped trench coat, beach in a bottle and we've got your back for V-day with decadent black truffle puree perfect for sharing with the girls (diamonds, as you know, are a girl's best friend), or your favorite special someone (one word: aphrodisiac). We'll see you right back here on **Wednesday in Taste!**

top 5 picks



1 a bit Britannia

Tongue-in-cheek Union Jack pillows are ready to punk up your sofa. Made of thick calico and felted wool in London and shipped straight to your door. There's no need to keep a stiff upper lip with these colorful options.

- **Find it:** \$68 plus shipping, Union Jack pillow, Karen Hilton Designs, karenhiltontodesigns.etsy.com

2 juicy good

Bright flavor in every sip. This tea is our absolute favorite right now. Lemongrass and citrus mix to create a little patch of warm, herbal sunshine in the midst of winter - wild and a bit sweet, but most definitely orange.

- **Find it:** \$3.74, Wild Sweet Orange Tea, Tazo Tea, Copps Food Center, 2400 W. Wisconsin Avenue, Appleton



3 pipe down

It's about time for the Trench. You know, the months when you're sick of wearing a heavy wool coat but can't get away with a thin spring jacket. Try a trench with a twist! This taupe version features pinstripes as well as fun gold piping around the edge and pockets. The color would be versatile enough to wear in the fall, too. Bonus!

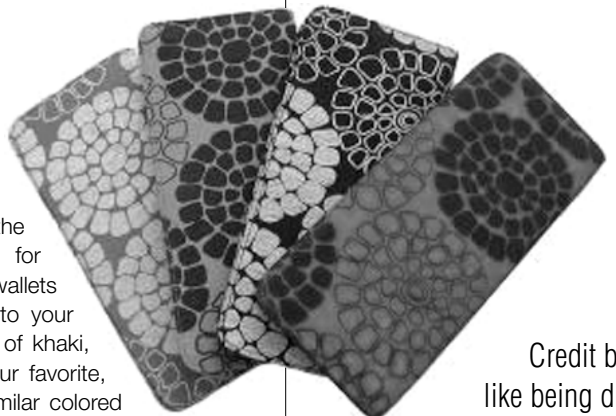
- **Find it:** \$253.92, Prep Trench Coat, Hype, zappos.com



5 pop lite

Mix and match patterns in the same color family are big for Spring 2009. These long wallets make it easy to pop some color into your wardrobe with the wearable shades of khaki, sherbet orange, timeless black or, our favorite, cherry red. Pair your fave with a similar colored outfit in a different pattern as a small clutch. Instant impact!

- **Find it:** \$25, Canvas Long Wallet by Wild Boar Creek, Downtown Designs, 119 E. College Avenue, Appleton



“Credit buying is much like being drunk. The buzz happens immediately and gives you a lift ... The hangover comes the day after.” — Joyce Brothers

WHAT'S ON AT LAWRENCE

The following events are scheduled at Lawrence University. All events are free, unless admission is noted. Events are subject to change. Contact: Office of Communications, 920-832-6586, or www.lawrence.edu.

Today
11:10 a.m., The Great Midwest Trivia Contest XLIV, Webcast at www.lawrence.edu/sorg/wlfn.

Tuesday
11:10 a.m., Master class: Erica Kiesewetter, violin; Lawrence Memorial Chapel.

Wednesday
8 p.m., Guest-Faculty Recital: Erica Kiesewetter, violin, and Catherine Kautsky, piano; Lawrence Memorial Chapel.

Thursday
11:10 a.m., Master class: Shirley Brill, clarinet; Harper Hall.
11:10 a.m., Voice Department Area Recital; First United Methodist Church sanctuary, 325 E. Franklin

St., Appleton.
8 p.m., Student recital: Chiara Terzuolo, voice; Harper Hall.

Friday
4 p.m., Master class: Byron Stripling, jazz trumpet; Harper Hall.
8 p.m., Lawrence Symphonic Band and Wind Ensemble Concert; Lawrence Memorial Chapel.

Saturday
5 p.m., Student recital: Elizabeth Melzer, soprano; Harper Hall.
8 p.m., Student recital: Schuyler Gardner, soprano, Harper Hall.
8 p.m., 24 Hour Play Festival: A series of short, student written-produced plays; Cloak Theatre.

Feb. 1
12 p.m., Wind Ensemble Concerto Competition; Lawrence Memorial Chapel.
3 p.m., World Music Series: Michael Spiro, "The Music of Cuba"; Harper Hall.

HEALTH NOTES

Makeover program offered Paper Valley

Maximized Living Health Centers will host an Extreme Makeover Program at 9 a.m. Feb. 7 at the Paper Valley Radisson Hotel, 333 W. College Ave., Appleton.

The new workshop is based on the New York Times bestselling book, "Body by God," by former Olympic team physician Dr. Ben Lerner.

Drs. Jason Lang and Gerald Hendrickson will host the one-day program to help people transform their lives in the areas of nutrition, exercise, stress management and time management.

Natural approaches to weight loss, toxicity and other health issues will be provided.

The public is welcome to attend. To register for the free event, call 920-731-3255 or 920-236-1200.

Pet photos aid Humane Association

Two local photographers will give away a free pet photo session for those who make a donation for the animals at the Fox Valley Humane Association.

The fundraiser, "Dog (and cat) Days of Winter," will be held by appointment only from 1 to 7 p.m. Feb. 6-7 at 101 W. Edison Ave., Suite 160, Appleton. Pet owners should bring a

bag of Purina kitten or puppy chow, bleach or a red or blue dog collar to the studio to receive a free session and a free 5-inch by 7-inch portrait of their pet. To schedule a 15-minute session, call 920-730-4110.

Lindsey Van Roy Photography and BlackBerry Kisses Photography are conducting the fundraiser.

ARTS NOTES

Art classes

Bobbi Stern will present two classes at the Mill Boutique, 425 W. Water St., Appleton.

"Paper Flowers" will be held from 10 a.m. to noon Thursday. Stern will demonstrate how to make paper flowers for cards and scrapbook pages, and participants can then make their own flowers.

"Criss-Cross Cards" is set for 10 a.m. to noon Feb. 12. A demonstration will be followed by a make-and-take session. The fee is \$15 per class. Sessions are appropriate for all skill levels. Contact: Bobbi Stern, 920-727-9018 or bstern1@new.rr.com.

Library displays Kutchenriter art

The Patterson Memorial Library, 500 Division St., Wild Rose, is exhibiting artwork by Jennifer Kutchenriter of Poy

Sippi. The artist works with colored pencils, charcoal and oil pastels. The former Neenah resident currently is librarian for the Rural Rembrandt Art Club. Contact: www.ruralrembrandts.xbuild.com or www.wildrose library.org.

Green Bay festival seeks artists

Green Bay Arts Unlimited is seeking entries for its Spring Art Festival. The fine art exhibit is set for April 5-24 at The Art Garage, 1400 Cedar St., Green Bay. Entrants ages 18 or older may submit up to two pieces of two- or three-dimensional works in one of three categories: advanced, intermediate or beginner. The deadline is March 20 or when the show is full. For an entry form, visit www.gbarts unlimited.com or call 920-265-6120.